

## ◊ **The Maha Prajna Paramita Heart Sutra** ◊

Avalokiteshvara Bodhisattva when practicing deeply the Prajna Paramita clearly saw that all five skandas are empty and passed beyond all suffering. ◊ Shariputra, form does not differ from emptiness, emptiness does not differ from form. Perception, conception, volition and consciousness are also like this.

Shariputra, all Dharmas are marked with emptiness: not born and not dying, not stained and not pure, not gaining and not losing. Therefore, within emptiness there is no form, no perception, conception, volition or consciousness: no eye, ear, nose, tongue, body or mind: no form, sound, smell, taste, touch or Dharmas; no realm of sight 'til we come to no realm of consciousness; no ignorance and no ending of ignorance 'til we come to no old age and death and no ending of old age and death; no suffering, origination, extinction or path; no wisdom and no attainment with nothing to attain.

Because the Bodhisattva follows °Prajna Paramita, his mind has no hindrance. Having no hindrance, he has no fear and far from all fantasy finally dwells in Nirvana. Because all Buddhas of the three times follow Prajna Paramita, they gain complete perfect enlightenment.

Therefore, know that the °Prajna Paramita is the great holy mantram, the great bright mantram, the highest mantram, the unequaled mantram, which can destroy all suffering-truly real and not false. So he gave the Prajna Paramita mantram which goes:

°GA-TE, GA-TE, PA-RA-GA-TE,

PA-RA-SAM-GA-TE, BO-DHI SWA-HA.

°GA-TE, GA-TE, PA-RA-GA-TE,

PA-RA-SAM-GA-TE, BO-DHI SWA-HA.

°GA-TE, GA-TE, PA-RA-GA-TE,

<sup>x</sup>PA-RA-SAM-GA-TE, <sup>x</sup>BO-DHI SWA-HA.